

## Vandy Happenings

### Sunday 25 July

Rod and Gun Club      Bullseye Pistol Shoot, 8:30am  
 Sporting Clays, 9am  
 The Golf Course      Family Day after 1pm

### Monday 26 July

The Club (PCC)      Filipino Inspired Lunch Dish, 11am  
 A&FRC      Big Brothers & Sisters Orientation, 12pm  
 Youth Center      Dance Camp begins!!!  
 Photography Club, 2pm

### Tuesday 27 July

Library      Story time at the CDC  
 Youth Center      Top Chef Challenge, 2pm  
 A&FRC      Preventing Foreclosure Seminar, 3:30pm

### Wednesday 28 July

A&FRC      Resume Writing/Interview Class, 9am  
 Fitness Center      Restorative Yoga, A&FRC, 12pm  
 Youth Center      Reading Patch Club 1pm  
                          Sewing Project, 2pm  
 The Club (PCC)      NCOA Rock Night 5pm

### Thursday 29 July

Library      Pre-school Storytime 10am  
                          Summer Reading Event 3pm  
 Youth Center      Cake Decorating Class  
 Golf Course      Active Duty Special Rates, every Thurs.

### Friday 30 July

Fitness Center      Flag Football Tournament, 5pm  
 Library      Movie Night, "Finding Nemo", 5pm  
 Enlisted Lounge      Rock Night, 4:30pm, DJ Avery 11pm  
 Officers' Lounge      Karaoke begins at 7pm

### Saturday 31 July

Youth Center      Teen Movie Night, 7pm  
 Bowling Center      Thunder Alley, 7pm

## Dance It Out...

### Total Dance Experience Camp

Free for all Youth Center  
 Members ages 5-18.



Hip-Hop

Monday - Thursday

Friday Showcase Latin

5yrs - 8yrs

9am-11am

9yrs to 18yrs

1pm - 3pm



Ballroom

Line Dancing

call 606-2152  
 for more info

## On Your Mark...Get Set....Go!!

CALLING ALL ATHLETES!

# TRIATHLON

400M SWIM • 20K BIKE • 5K RUN

# 7 AUG

Register by 1 Aug  
 Race starts at 9:00am  
 at the base pool

Age Categories  
 Compete individually  
 or as part of a team!

Event Parking and  
 Registration will be at  
 Fitness Annex Lot

For more info  
 contact the Fitness  
 Center at 606-3832

AF SERVICES  
**Fitness & Sports**